

# Medical examination policy

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# Medical Examination Policy – European School of Mol

### **Objective of Medical Examinations**

The school medical service conducts systematic health assessments in accordance with Belgian legislation, which mandates medical examinations for all students. These assessments are provided at no cost to students and their parents and are aligned with the host country's healthcare regulations.

The primary aim of these medical examinations is to support preventive healthcare by monitoring students' health, growth, and development, while identifying potential risk factors or early signs of health concerns. The medical service fulfills its preventive healthcare role by:

- Conducting systematic health assessments
- Administering vaccinations
- Implementing prophylactic measures when necessary

Additionally, these assessments may help identify issues related to other aspects of student wellbeing and guide necessary interventions.

# **Guidelines for Medical Examinations**

The Flemish Scientific Association for Youth Healthcare (VWVJ) has established quality standards for preventive youth healthcare, which have been approved by the Care and Health Agency of the Flemish Government. These standards define best practices for the school's medical examinations, including:

- Vision Screening: Evaluation of eye position, distance visual acuity, color vision, and depth perception for students aged 3 to 18.
- Vaccination Program: Implementation of the national immunization schedule.
- **Growth and Puberty Assessment:** Measurement and evaluation of height, weight, and pubertal development for students aged 3 to 18.
- Weight Monitoring: Clinical assessment of weight-related concerns, with a focus on early detection and management of eating and weight disorders.
- Hearing Screening: Early detection of potential hearing impairments.
- **Oral Health Assessment:** Promotion of good oral health practices and basic dental screenings.
- Infectious Disease Monitoring: Preventive measures and intervention strategies for communicable diseases.

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# **Eligibility and Schedule**

Medical examinations are conducted at specific ages throughout a student's academic journey:

- **3 years old** (or upon entry to nursery)
- **6 years old** (Primary Year 1)
- **9 years old** (Primary Year 4)
- **11 years old** (Secondary Year 2)
- 14 years old (Secondary Year 4)

#### **Opting for an External Medical Examination**

Parents who prefer that their child undergo the mandatory medical examination with an external physician, such as a general practitioner or pediatrician, may do so by following the procedure outlined below:

#### **Procedure for Filing an Objection**

#### 1. Submit a Written Objection

- The request must be signed by a parent or the student (if 12 years or older).
- The objection must clearly state that the student will not participate in the school's medical examination.
- The signed request should be sent via email to **mol-nurse@eursc.eu**.

#### 2. Schedule an Examination with an External Doctor

- The external medical examination must be completed within **90 days** from the date of the written objection.
- The examination must follow the same procedures and assessments conducted by the school medical service.
- The external physician must complete the designated medical report provided by the school.
- Any associated costs must be covered by the parents.

#### 3. Submit the External Medical Report

• The completed medical report must be submitted to the school's medical service within **15 days** of the examination.

By adhering to these guidelines, the school ensures compliance with national health regulations while providing families with flexibility in managing their child's healthcare.

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